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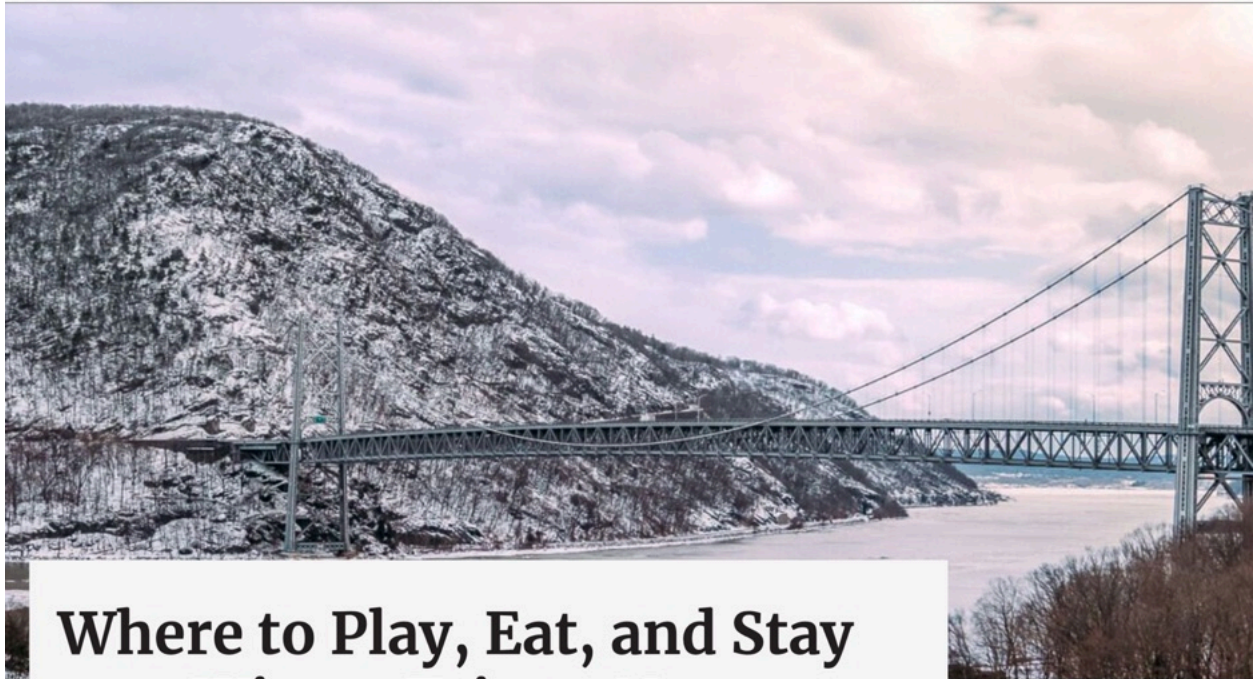
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# Where to Play, Eat, and Stay on a Winter Trip to New York's Hudson Valley

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## NEW YORK | INSIDER GUIDES

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When planning a winter trip to New York's Hudson Valley, I imagined quaint towns dusted with snow and maybe a few cozy cafes. What I didn't expect was to find myself standing face to face with wolves, watching eagles glide over frozen rivers, and unwinding at a spa inside of a former abbey.

Turns out, there's more to the Hudson Valley than I realized, and winter is a great time to see just how much the region holds. Whether you're exploring museums like the Katonah Museum of Art or driving the nearby Cultural Mile, the Hudson Valley offers a winter escape full of art, wildlife, and relaxation. And when it's time to eat, you'll find farm-fresh meals made with ingredients straight from the region.

With its proximity to New York City and much of New England, the Hudson Valley is the perfect place for a winter weekend getaway. Here's what to do on your trip, plus where to eat and stay along the way.

## Deep dive at the Katonah Museum of Art



Photo: Laura Danforth

This non-collecting museum outside of downtown Katonah was designed by Edward Larrabee Barnes. The building itself is a striking architectural statement while the interior hosts three to four rotating exhibitions each year.

During my visit, I had the chance to see works by Jonathan Becker, the renowned *Vanity Fair* and *Vogue* photographer. My group's docent-led tour guided us through his captivating images of influential figures in contemporary culture.

The museum also highlights emerging talent through its annual Young Artists exhibit, where local high school seniors design, curate, and install the exhibition themselves. For families, the Learning Center offers hands-on activities that connect kids with the current exhibition.

Tip: If you're taking public transport, check out the [MTA Away Deal](#) for a discounted rail and museum admission combo.

**Katonah Museum of Art**: 134 Jay St, Katonah, NY 10536